

POST HOLDINGS REPORTS RESULTS FOR THE THIRD QUARTER OF FISCAL YEAR 2020

ST. LOUIS, Aug. 06, 2020 (GLOBE NEWSWIRE) — Post Holdings, Inc. (NYSE:POST), a consumer packaged goods holding company, today reported results for the third fiscal quarter ended June 30, 2020.

Highlights:

- **Net sales of \$1.3 billion**
- **Operating profit of \$172.1 million; net earnings of \$36.0 million and Adjusted EBITDA of \$270.9 million**
- **Announced a new \$400 million share repurchase authorization**
- **Generated \$319.4 million in cash from operations**

Basis of Presentation

On October 21, 2019, the initial public offering (the "IPO") of a minority interest in the BellRing Brands business, Post's historical active nutrition business, was completed. Post fully consolidates the results of BellRing Brands, Inc. ("BellRing") and its subsidiaries within Post's financial statements and effective October 21, 2019 allocates 28.8% of BellRing's consolidated net earnings/loss and net assets to noncontrolling interest within Post's financial statements.

Third Quarter Consolidated Operating Results

Net sales were \$1,336.4 million, a decrease of 7.1%, or \$102.8 million, compared to the prior year period net sales of \$1,439.2 million. Net sales growth in Post Consumer Brands, Refrigerated Retail and Weetabix (driven by increased at-home consumption) was offset by anticipated declines in Foodservice (driven by reduced away-from-home demand) and BellRing Brands (driven by reductions in higher than normal customer trade inventory levels). Gross profit was \$436.8 million, or 32.7% of net sales, a decrease of \$25.3 million compared to the prior year period gross profit of \$462.1 million, or 32.1% of net sales.

Selling, general and administrative ("SG&A") expenses were \$224.2 million, or 16.8% of net sales, an increase of \$1.0 million compared to the prior year period SG&A expenses of \$223.2 million, or 15.5% of net sales. Operating profit was \$172.1 million, a decrease of 13.2%, or \$26.1 million, compared to the prior year period operating profit of \$198.2 million, with the decrease primarily driven by a loss in Foodservice.

Net earnings were \$36.0 million, an increase of 122.2%, or \$19.8 million, compared to the prior year period net earnings of \$16.2 million. Net earnings included expense on swaps, net of \$29.2 million and \$86.2 million in the third quarter of 2020 and 2019, respectively, which is discussed later in this release and was treated as an adjustment for non-GAAP measures. Net earnings included equity method losses, net of tax of \$4.2 million and \$6.2 million in the third quarter of 2020 and 2019, respectively. Net earnings excluded net earnings attributable to noncontrolling interest of \$4.4 million and \$0.3 million in the third quarter of 2020 and 2019, respectively.

Net earnings available to common shareholders were \$36.0 million, or \$0.52 per diluted common share, compared to the prior year period net earnings available to common shareholders of \$16.2 million, or \$0.21 per diluted common share. Adjusted net earnings were \$51.9 million, or \$0.75 per diluted common share, compared to the prior year period Adjusted net earnings of \$92.6 million, or \$1.23 per diluted common share.

Adjusted EBITDA was \$270.9 million, a decrease of 14.1%, or \$44.5 million, compared to the prior year period Adjusted EBITDA of \$315.4 million, with the decrease primarily driven by a loss in Foodservice. Adjusted EBITDA in the third quarter of 2020 included an adjustment of \$4.0 million primarily for the portion of BellRing's consolidated net earnings which was allocated to noncontrolling interest, resulting in Adjusted EBITDA including 100% of the consolidated Adjusted EBITDA of BellRing.

Nine Month Consolidated Operating Results

Net sales were \$4,287.4 million, an increase of 1.2%, or \$49.1 million, compared to the prior year period net sales of \$4,238.3 million. Gross profit was \$1,347.1 million, or 31.4% of net sales, an increase of \$7.2 million compared to the prior year period gross profit of \$1,339.9 million, or 31.6% of net sales.

SG&A expenses were \$704.5 million, or 16.4% of net sales, an increase of \$38.4 million compared to the prior year period SG&A expenses of \$666.1 million, or 15.7% of net sales. Operating profit was \$521.6 million, a decrease of 23.1%, or \$156.8 million, compared to the prior year period operating profit of \$678.4 million. Operating profit for the nine months ended June 30, 2019 included a \$127.3 million gain related to the separate capitalization of 8th Avenue Food & Provisions, Inc. ("8th Avenue"), which was treated as an adjustment for non-GAAP measures.

Net loss was \$56.2 million, a decrease of 130.2%, or \$242.0 million, compared to the prior year period net earnings of \$185.8 million. Net loss/earnings included loss on extinguishment of debt of \$72.9 million and \$6.1 million in the nine months ended June 30, 2020 and June 30, 2019, respectively. Net loss/earnings included expense on swaps, net of \$192.4 million and \$200.9 million in the nine months ended June 30, 2020 and June 30, 2019, respectively. Loss on extinguishment of debt and expense on swaps, net are discussed later in this release and were treated as adjustments for non-GAAP measures. Net loss/earnings included equity method losses, net of tax of \$22.6 million and \$25.7 million in the nine months ended June 30, 2020 and June 30, 2019, respectively. Net loss/earnings excluded net earnings attributable to noncontrolling interest of \$17.9 million and \$0.9 million in the nine months ended June 30, 2020 and June 30, 2019, respectively.

Net loss attributable to common shareholders was \$56.2 million, or \$0.81 per diluted common share, compared to the prior year period net earnings available to common shareholders of \$182.8 million, or \$2.47 per diluted common share. Adjusted net earnings were \$150.3 million, or \$2.13 per diluted common share, compared to the prior year period Adjusted net earnings of \$275.8 million, or \$3.66 per diluted common share.

Adjusted EBITDA was \$865.7 million, a decrease of 4.5%, or \$41.1 million, compared to the prior year period Adjusted EBITDA of \$906.8 million. Adjusted EBITDA for the nine months ended June 30, 2020 included an adjustment of \$16.6 million primarily for the portion of BellRing's consolidated net earnings which was allocated to noncontrolling interest, resulting in Adjusted EBITDA including 100% of the consolidated Adjusted EBITDA of BellRing.

Post Consumer Brands

North American ready-to-eat ("RTE") cereal.

For the third quarter, net sales were \$528.1 million, an increase of 11.4%, or \$54.0 million, compared to the prior year period. Volumes increased 7.5%, benefiting from increased at-home consumption in reaction to the COVID-19 pandemic and private label distribution gains. Net sales also benefited from reduced promotional spending and favorable mix (primarily driven by a temporary assortment reduction). Segment profit was \$127.6 million, an increase of 54.3%, or \$44.9 million, compared to the prior year period. Segment Adjusted EBITDA was \$156.0 million, an increase of 35.3%, or \$40.7 million, compared to the prior year period.

For the nine months ended June 30, 2020, net sales were \$1,477.2 million, an increase of 6.4%, or \$88.7 million, compared to the prior year period. Segment profit was \$300.6 million, an increase of 20.3%, or \$50.7 million, compared to the prior year period. Segment Adjusted EBITDA was \$386.6 million, an increase of 13.0%, or \$44.6 million, compared to the prior year period.

Weetabix

Primarily United Kingdom RTE cereal and muesli.

For the third quarter, net sales were \$111.8 million, an increase of 3.1%, or \$3.4 million, compared to the prior year period, reflecting 2.6% improved average net pricing and a 4.1% volume increase, which were partially offset by an unfavorable foreign exchange rate headwind of approximately 400 basis points. Volumes benefited from increased at-home consumption in reaction to the COVID-19 pandemic, as an increase in biscuit cereal products and the benefit of participation in a government-backed food initiative were partially offset by declines in drink and bar products resulting from reduced on-the-go consumption. Segment profit was \$32.6 million, an increase of 21.6%, or \$5.8 million, compared to the prior year period. Segment Adjusted EBITDA was \$40.8 million, an increase of 14.6%, or \$5.2 million, compared to the prior year period.

For the nine months ended June 30, 2020, net sales were \$326.7 million, an increase of 4.2%, or \$13.3 million, compared to the prior year period. Segment profit was \$84.3 million, an increase of 21.6%, or \$15.0 million, compared to the prior year period. Segment Adjusted EBITDA was \$108.7 million, an increase of 14.8%, or \$14.0 million, compared to the prior year period.

Foodservice

Primarily egg and potato products.

For the third quarter, net sales were \$242.3 million, a decrease of 41.3%, or \$170.3 million, compared to the prior year period. Volumes for the third quarter decreased 41.8% (with egg volumes declining 39.3% and potato volumes declining 53.1%), driven by lower away-from-home demand in reaction to the COVID-19 pandemic in various channels, including full service restaurants, quick service restaurants, education and travel and lodging. When compared to the prior year, the rate of volume declines improved throughout the third quarter.

Segment loss was \$40.3 million, a decrease of 168.9%, or \$98.8 million, compared to the prior year period. Segment Adjusted EBITDA was a loss of \$10.1 million, a decrease of 112.7%, or \$89.6 million, compared to the prior year period. Third quarter 2020 segment loss and segment Adjusted EBITDA were negatively impacted by lost contribution margin on reduced volumes, unfavorable fixed cost absorption driven by a reduction in volumes produced, considerable levels of low margin food ingredient egg sales to move excess inventory and increased reserves for obsolete and donated inventory on short-dated products.

For the nine months ended June 30, 2020, net sales were \$1,041.3 million, a decrease of 13.9%, or \$168.5 million, compared to the prior year period. Segment profit was \$30.5 million, a decrease of 80.8%, or \$128.1 million, compared to the prior year period. Segment Adjusted EBITDA was \$120.3 million, a decrease of 48.3%, or \$112.2 million, compared to the prior year period.

Refrigerated Retail

Side dishes and egg, cheese and sausage products.

For the third quarter, net sales were \$250.3 million, an increase of 20.9%, or \$43.2 million, compared to the prior year period. Volumes increased 5.1%, benefiting from increased at-home consumption in reaction to the COVID-19 pandemic, with growth in cheese, sausage and side dishes partially offset by declines in egg products. Net sales also benefited from improved average net pricing across all products. Egg product net sales decreased 13.8% driven by an 18.8% volume decline resulting from declines in deli products (resulting from deli closures and lower away-from-home demand) and for low-margin discontinued and exited business. Volume information for additional products is disclosed in a table presented later in this release. Segment profit was \$42.3 million, an increase of 167.7%, or \$26.5 million, compared to the prior year period. Segment Adjusted EBITDA was \$62.4 million, an increase of 64.6%, or \$24.5 million, compared to the prior year period.

For the nine months ended June 30, 2020, net sales were \$737.8 million, an increase of 7.2%, or \$49.6 million, compared to the prior year period. Segment profit was \$98.5 million, an increase of 35.3%, or \$25.7 million, compared to the prior year period. Segment Adjusted EBITDA was \$154.3 million, an increase of 15.8%, or \$21.1 million, compared to the prior year period.

BellRing Brands

Ready-to-drink ("RTD") protein shakes, other RTD beverages, powders and nutrition bars.

For the third quarter, net sales were \$204.2 million, a decrease of 14.1%, or \$33.4 million, compared to the prior year period. *Premier Protein* net sales declined 11.9%, with volumes down 9.5%. Sales were negatively impacted by reductions in higher than normal customer trade inventory levels of RTD protein shakes at the beginning of the quarter and reduced on-the-go consumption across the category in reaction to the COVID-19 pandemic. Additionally, in the prior year period *Premier Protein* experienced a significant increase in customer trade inventory levels to support fourth quarter promotions. These headwinds were partially offset by strong RTD protein shake growth driven by distribution gains across all channels, new product introductions and significant eCommerce growth. *Dymatize* and *PowerBar* net sales declined 16.6% and 44.2%, respectively, driven by declines in global specialty sales.

Segment profit was \$30.6 million, a decrease of 45.0%, or \$25.0 million, compared to the prior year period and included \$2.0 million of higher marketing and consumer advertising expenses and \$2.1 million of incremental public company costs. Segment profit for the third quarter of 2020 included transaction costs of \$0.1 million related to BellRing's separation from Post, which were treated as adjustments for non-GAAP measures. Segment Adjusted EBITDA was \$38.5 million, a decrease of 37.8%, or \$23.4 million, compared to the prior year period.

For the nine months ended June 30, 2020, net sales were \$705.7 million, an increase of 10.3%, or \$65.8 million, compared to the prior year period. Segment profit was \$115.0 million, a decrease of 14.7%, or \$19.8 million, compared to the prior year period and included \$13.5 million of higher marketing and consumer advertising expenses and \$6.4 million of incremental public company costs. Segment profit for the nine months ended June 30, 2020 and June 30, 2019 included transaction costs of \$1.9 million and \$0.1 million, respectively, related to BellRing's separation from Post, which were treated as adjustments for non-GAAP measures. Segment Adjusted EBITDA was \$140.5 million, a decrease of 8.7%, or \$13.4 million, compared to the prior year period.

As of June 30, 2020, BellRing had \$737.5 million in total principal value of debt and \$22.5 million in cash and cash equivalents.

For further information, please refer to the BellRing third quarter 2020 earnings release and conference call (the details of which are included later in this release).

Interest, Loss on Extinguishment of Debt, Expense on Swaps and Income Tax

Interest expense, net was \$96.4 million in the third quarter of 2020, compared to \$85.6 million in the third quarter of 2019. For the nine months ended June 30, 2020, interest expense, net was \$293.3 million, compared to \$230.5 million in the nine months ended June 30, 2019. Interest expense, net in the third quarter of 2020 included \$15.3 million attributable to BellRing in connection with the creation of BellRing's capital structure in the first quarter of 2020. Interest expense, net in the nine months ended June 30, 2020 included (i) \$41.2 million attributable to BellRing and (ii) a loss of \$7.8 million resulting from the reclassification of losses previously recorded in accumulated other comprehensive loss to interest expense. Interest expense, net in the nine months ended June 30, 2019 included a gain of \$30.9 million resulting from the reclassification of gains previously recorded in accumulated other comprehensive loss to interest expense. Excluding the aforementioned items, the remaining decrease for both periods was driven by the repayment of Post's term loan in the first quarter of 2020 which resulted in an interest expense reduction of \$15.2 million and \$41.8 million in the three and nine months ended June 30, 2020, respectively.

Loss on extinguishment of debt, net of \$72.9 million was recorded in the nine months ended June 30, 2020 in connection with (i) Post's repayment of its 5.50% senior notes due in March 2025 and 8.00% senior notes due in July 2025, (ii) Post's repayment of the entire principal balance of its term loan in the first quarter of 2020, (iii) the assignment of debt to BellRing Brands, LLC related to the creation of BellRing's capital structure in the first quarter of 2020 and (iv) the amendment and restatement of Post's credit agreement in March 2020. Loss on extinguishment of debt, net of \$6.1 million was recorded in the nine months ended June 30, 2019 in connection with (i) Post's repayment of \$863.0 million in total principal value of its term loan, (ii) the assignment of debt to 8th Avenue related to its separate capitalization and (iii) Post's open market purchases of \$60.0 million in total principal value of certain senior notes.

Expense on swaps, net relates to non-cash mark-to-market adjustments and cash settlements on interest rate swaps and was \$29.2 million in the third quarter of 2020, compared to \$86.2 million in the third quarter of 2019. For the nine months ended June 30, 2020, expense on swaps, net was \$192.4 million, compared to \$200.9 million in the nine months ended June 30, 2019.

Income tax expense was \$5.0 million in the third quarter of 2020, an effective income tax rate of 10.1%, compared to \$7.4 million in the third quarter of 2019, an effective income tax rate of 24.6%. For the nine months ended June 30, 2020, income tax benefit was \$11.7 million, an effective income tax rate of 42.7%, compared to an expense of \$39.6 million in the nine months ended June 30, 2019, an effective income tax rate of 15.7%. In the three and nine months ended June 30, 2020, the effective income tax rates differed significantly from the statutory tax rates primarily as a result of rate differential on foreign income and discrete tax benefits, which largely related to Post's equity method investment in 8th Avenue. In the nine months ended June 30, 2019, the effective income tax rate differed significantly from the statutory rate as a result of discrete tax benefits, primarily relating to excess tax benefits for share-based payments.

Share Repurchases & New Share Repurchase Authorization

During the third quarter of 2020, Post repurchased 0.4 million shares of its common stock for \$33.1 million at an average price of \$87.20 per share. During the nine months ended June 30, 2020, Post repurchased 4.6 million shares of its common stock for \$462.2 million at an average price of \$101.12 per share.

Subsequent to the end of the third quarter of 2020, Post repurchased 0.2 million shares of its common stock for \$14.9 million at an average price of \$88.40 per share. On August 4, 2020, Post's Board of Directors approved a new \$400 million share repurchase authorization. Share repurchases under the new authorization may begin on August 8, 2020. As of August 6, 2020, Post had repurchased approximately \$286 million under its previous \$400 million share repurchase authorization, which became effective on December 5, 2019 and will be cancelled effective August 7, 2020.

Repurchases may be made from time to time in the open market, in private purchases, through forward, derivative, accelerated repurchase or automatic purchase transactions, or otherwise. The shares would be repurchased with cash on hand and cash from operations. Any shares repurchased would be held as treasury stock. The authorization does not, however, obligate Post to acquire any particular amount of shares, and repurchases may be suspended or terminated at any time at Post's discretion.

COVID-19 Commentary

Post continues to monitor the impact of the COVID-19 pandemic on its business and remains focused on ensuring its ability to safeguard the health of its employees, maintaining the continuity of its supply chain to serve customers and managing its financial performance and liquidity.

Post products sold through food, drug, mass, club and eCommerce generally have continued to experience an uplift in sales in the third quarter of fiscal year 2020 driven by increased at-home consumption in reaction to the COVID-19 pandemic. In the third quarter of fiscal year 2020, BellRing's products experienced category-wide slowing growth rates resulting from changes in consumer behavior, including lower on-the-go consumption and decreased relevance of sports nutrition consumption. Net sales for *Dymatize* and *PowerBar* products sold in global specialty channels are also negatively impacted by specialty retail store and gym closures. Post's foodservice business continues to be negatively impacted by lower away-from-home demand resulting from the impact of the COVID-19 pandemic on various channels, including full service restaurants, quick service restaurants, education and travel and lodging. From April lows, Post's foodservice volumes improved throughout the third quarter of fiscal year 2020. The continued trajectory of foodservice volumes is expected to highly correlate to the degree that restrictions are imposed on mobility and gathering.

In March 2020, Post borrowed \$500.0 million under its \$750.0 million revolving credit facility. During the third quarter of fiscal year 2020, Post repaid \$325.0 million of the outstanding principal value and on July 8, 2020, Post repaid the remaining \$175.0 million outstanding principal value, resulting in available borrowing capacity under the revolving credit facility of \$728.2 million (reflecting \$21.8 million of outstanding letters of credit, a reduction in the borrowing capacity).

Outlook

Post previously withdrew its fiscal year 2020 outlook as a result of uncertainty around the duration, scope and ultimate financial impact of the COVID-19 pandemic. The ongoing nature of the COVID-19 pandemic lends itself to greater uncertainty in forecasting. Directionally, Post expects Adjusted EBITDA in the fourth quarter of fiscal year 2020 to be similar in the aggregate to the third quarter of fiscal year 2020, with potentially significant changes in composition across Post's segments.

BellRing Outlook

BellRing management has reaffirmed its fiscal year 2020 Adjusted EBITDA range of between \$192-\$202 million. As a result of the impacts of the COVID-19 pandemic as described above, BellRing now expects net sales to range between \$960-\$980 million. Capital expenditures are expected to be approximately \$3 million.

BellRing provides Adjusted EBITDA guidance only on a non-GAAP basis and does not provide a reconciliation of its forward-looking Adjusted EBITDA non-GAAP guidance measure to the most directly comparable GAAP measure due to the inherent difficulty in forecasting and quantifying certain amounts that are necessary for such reconciliation, including adjustments that could be made for noncontrolling interest adjustment, separation costs and other charges reflected in BellRing's reconciliation of historical numbers, the amounts of which, based on historical experience, could be significant. For additional information regarding BellRing's non-GAAP measures, see the related explanations presented under "Use of Non-GAAP Measures" in BellRing's third quarter 2020 earnings release. BellRing, as a separate publicly-traded company, releases guidance regarding its future performance. These statements are prepared by BellRing's management, and Post does not accept any responsibility for any such statements.

8th Avenue Standalone Financial Information

Post owns a 60.5% common equity interest in 8th Avenue, which is an unconsolidated affiliate that sells private label nut butter, dried fruit and nuts, granola and pasta.

For the third quarter, net sales were \$243.7 million, an increase of 20.2%, or \$41.0 million, compared to the prior year period. Net earnings were \$3.9 million, an increase of \$3.9 million, compared to the prior year period. Adjusted EBITDA was \$25.6 million, an increase of 14.3%, or \$3.2 million, compared to the prior year period.

For the nine months ended June 30, 2020, net sales were \$695.2 million, an increase of 10.3%, or \$64.7 million, compared to the prior year period. Net loss was \$4.2 million, an improvement of 51.7%, or \$4.5 million, compared to the prior year period. Adjusted EBITDA was \$71.6 million, an increase of 2.4%, or \$1.7 million, compared to the prior year period.

As of June 30, 2020, 8th Avenue was capitalized with \$33.4 million of unrestricted cash and cash equivalents, \$617.1 million of senior secured debt, \$60.1 million related to a sale-leaseback transaction, \$250.0 million in principal amount of preferred equity and \$53.1 million of accumulated, but unpaid, preferred dividends. Summarized financial information for 8th Avenue is disclosed later in this release.

Post's Use of Non-GAAP Measures

Post uses certain non-GAAP measures in this release to supplement the financial measures prepared in accordance with U.S. generally accepted accounting principles ("GAAP"). These non-GAAP measures include total segment profit, Adjusted net earnings, Adjusted diluted earnings per common share, Adjusted EBITDA for Post and 8th Avenue and segment Adjusted EBITDA. The reconciliation of each of these non-GAAP measures to the most directly comparable GAAP measure is provided later in this release under "Explanation and Reconciliation of Non-GAAP Measures."

Management uses certain of these non-GAAP measures, including Adjusted EBITDA and segment Adjusted EBITDA, as key metrics in the evaluation of underlying company and segment performance, in making financial, operating and planning decisions and, in part, in the determination of cash bonuses for its executive officers and employees. Additionally, Post is required to comply with certain covenants and limitations that are based on variations of EBITDA in its financing documents. Management believes the use of these non-GAAP measures provides increased transparency and assists investors in understanding the underlying operating performance of Post and its segments and in the analysis of ongoing operating trends. Non-GAAP measures are not prepared in accordance with GAAP, as they exclude certain items as described later in this release. These non-GAAP measures may not be comparable to similarly titled measures of other companies. For additional information regarding Post's non-GAAP measures, see the related explanations provided under "Explanation and Reconciliation of Non-GAAP Measures" later in this release.

Post Conference Call to Discuss Earnings Results and Outlook

Post will host a conference call on Friday, August 7, 2020 at 9:00 a.m. EDT to discuss financial results for the third quarter of fiscal year 2020 and fiscal year 2020 outlook and to respond to questions. Robert V. Vitale, President and Chief Executive Officer, and Jeff A. Zadoks, Executive Vice President and Chief Financial Officer, will participate in the call.

Interested parties may join the conference call by dialing (877) 540-0891 in the United States and (678) 408-4007 from outside of the United States. The conference identification number is 9687370. Interested parties are invited to listen to the webcast of the conference call, which can be accessed by visiting the Investor Relations section of Post's website at www.postholdings.com (<http://www.postholdings.com>).

A replay of the conference call will be available through Friday, August 21, 2020 by dialing (800) 585-8367 in the United States and (404) 537-3406 from outside of the United States and using the conference identification number 9687370. A webcast replay also will be available for a limited period on Post's website in the Investor Relations section.

BellRing Conference Call to Discuss Earnings Results and Outlook

BellRing will host a conference call on Friday, August 7, 2020 at 10:30 a.m. EDT to discuss financial results for the third quarter of fiscal year 2020 and fiscal year 2020 outlook and to respond to questions. Darcy H. Davenport, President and Chief Executive Officer, and Paul A. Rode, Chief Financial Officer, will participate in the call.

Interested parties may join the conference call by dialing (833) 954-1568 in the United States and (409) 216-6583 from outside of the United States. The conference identification number is 9248828. Interested parties are invited to listen to the webcast of the conference call, which can be accessed by visiting the Investor Relations section of BellRing's website at

www.bellring.com (<http://www.bellring.com>). A slide presentation containing supplemental material will also be available at the same location on BellRing's website.

A replay of the conference call will be available through Friday, August 21, 2020 by dialing (800) 585-8367 in the United States and (404) 537-3406 from outside of the United States and using the conference identification number 9248828. A webcast replay also will be available for a limited period on BellRing's website in the Investor Relations section.

Prospective Financial Information

Prospective financial information is necessarily speculative in nature, and it can be expected that some or all of the assumptions underlying the prospective financial information described above will not materialize or will vary significantly from actual results. For further discussion of some of the factors that may cause actual results to vary materially from the information provided above, see "Forward-Looking Statements" below. Accordingly, the prospective financial information provided above is only an estimate of what Post's and BellRing's management believes is realizable as of the date of this release. It also should be recognized that the reliability of any forecasted financial data diminishes the farther in the future that the data is forecasted. In light of the foregoing, the information should be viewed in context and undue reliance should not be placed upon it.

Forward-Looking Statements

Certain matters discussed in this release and on Post's conference call are forward-looking statements, including statements regarding the effect of the COVID-19 pandemic on Post's business, Post's continuing response to the COVID-19 pandemic, Post's commentary regarding its outlook and BellRing's net sales, Adjusted EBITDA and capital expenditures outlook for fiscal year 2020. These forward-looking statements are sometimes identified from the use of forward-looking words such as "believe," "should," "could," "potential," "continue," "expect," "project," "estimate," "predict," "anticipate," "aim," "intend," "plan," "forecast," "target," "is likely," "will," "can," "may" or "would" or the negative of these terms or similar expressions, and include all statements regarding future performance, earnings projections, events or developments. There are a number of risks and uncertainties that could cause actual results to differ materially from the forward-looking statements made herein. These risks and uncertainties include, but are not limited to, the following:

- the impact of the COVID-19 pandemic, including negative impacts on the global economy and capital markets, Post's ability to manufacture and deliver its products, operating costs, demand for its foodservice and on-the-go products and its operations generally;
- disruptions or inefficiencies in the supply chain, including as a result of Post's reliance on third party suppliers or manufacturers for the manufacturing of many of its products, pandemics, changes in weather conditions, natural disasters, agricultural diseases and pests and other events beyond Post's control;
- significant volatility in the costs or availability of certain commodities (including raw materials and packaging used to manufacture Post's products), higher freight costs or higher energy costs;
- changes in economic conditions, disruptions in the United States and global capital and credit markets, changes in interest rates and fluctuations in foreign currency exchange rates;
- loss of key employees, employee absenteeism, labor strikes, work stoppages or unionization efforts;
- Post's high leverage, Post's ability to obtain additional financing (including both secured and unsecured debt) and Post's ability to service its outstanding debt (including covenants that restrict the operation of its business);
- Post's ability to continue to compete in its product categories and Post's ability to retain its market position and favorable perceptions of its brands;
- Post's ability to anticipate and respond to changes in consumer and customer preferences and trends and introduce new products;
- Post's ability to identify, complete and integrate acquisitions and manage its growth;
- Post's ability to promptly and effectively realize the strategic and financial benefits expected as a result of the IPO of a minority interest in its BellRing Brands business, which consists of its historical active nutrition business, and certain other transactions completed in connection with the IPO;
- Post's ability to promptly and effectively realize the expected synergies of its acquisition of Bob Evans Farms, Inc. ("Bob Evans") within the expected timeframe or at all;
- impairment in the carrying value of goodwill or other intangibles;
- Post's ability to successfully implement business strategies to reduce costs;
- allegations that Post's products cause injury or illness, product recalls and withdrawals and product liability claims and other litigation;

- legal and regulatory factors, such as compliance with existing laws and regulations and changes to, and new, laws and regulations affecting Post's business, including current and future laws and regulations regarding food safety, advertising and labeling and animal feeding and housing operations;
- the loss of, a significant reduction of purchases by or the bankruptcy of a major customer;
- consolidations in the retail and foodservice distribution channels;
- the ultimate impact litigation or other regulatory matters may have on Post;
- Post's ability to successfully collaborate with third parties that have invested with Post in 8th Avenue;
- costs associated with Bob Evans's obligations in connection with the sale and separation of its restaurants business in April 2017, which occurred prior to Post's acquisition of Bob Evans, including certain indemnification obligations under the restaurants sale agreement and Bob Evans's payment and performance obligations as a guarantor for certain leases;
- the ability of Post's and its customers', and 8th Avenue's and its customers', private brand products to compete with nationally branded products;
- risks associated with Post's international business;
- the impact of the United Kingdom's exit from the European Union (commonly known as "Brexit") on Post and its operations;
- costs, business disruptions and reputational damage associated with information technology failures, cybersecurity incidents or information security breaches;
- changes in estimates in critical accounting judgments;
- Post's ability to protect its intellectual property and other assets;
- losses or increased funding and expenses related to Post's qualified pension or other postretirement plans;
- significant differences in Post's, 8th Avenue's and BellRing's actual operating results from any of Post's guidance regarding its and 8th Avenue's future performance and BellRing's guidance regarding its future performance;
- Post's ability to satisfy the requirements of Section 404 of the Sarbanes-Oxley Act of 2002; and
- other risks and uncertainties described in Post's and BellRing's filings with the Securities and Exchange Commission.

These forward-looking statements represent Post's judgment as of the date of this release except with respect to BellRing's guidance regarding its future performance, which represents BellRing's judgment as of the date of this release. Post disclaims, however, any intent or obligation to update these forward-looking statements.

About Post Holdings, Inc.

Post Holdings, Inc., headquartered in St. Louis, Missouri, is a consumer packaged goods holding company operating in the center-of-the-store, refrigerated, foodservice, food ingredient and convenient nutrition food categories. Through its Post Consumer Brands business, Post is a leader in the North American ready-to-eat cereal category offering a broad portfolio including recognized brands such as Honey Bunches of Oats®, Pebbles™, Great Grains® and Malt-O-Meal® bag cereal. Post also is a leader in the United Kingdom ready-to-eat cereal category with the iconic Weetabix® brand. As a leader in refrigerated foods, Post delivers innovative, value-added egg and refrigerated potato products to the foodservice channel and the retail refrigerated side dish category, offering side dishes and egg, sausage and cheese products through the Bob Evans®, Simply Potatoes®, Better'n Eggs® and Crystal Farms® brands. Post's publicly-traded subsidiary BellRing Brands, Inc. is a holding company operating in the global convenient nutrition category through its primary brands of Premier Protein®, Dymatize® and PowerBar®. Post participates in the private brand food category through its investment with third parties in 8th Avenue Food & Provisions, Inc., a leading, private brand centric, consumer products holding company. For more information, visit www.postholdings.com (<http://www.postholdings.com>).

Contact:

Investor Relations

Jennifer Meyer

jennifer.meyer@postholdings.com (<mailto:jennifer.meyer@postholdings.com>).

(314) 644-7665

Media Relations

Lisa Hanly

lisa.hanly@postholdings.com (<mailto:lisa.hanly@postholdings.com>).

(314) 665-3180